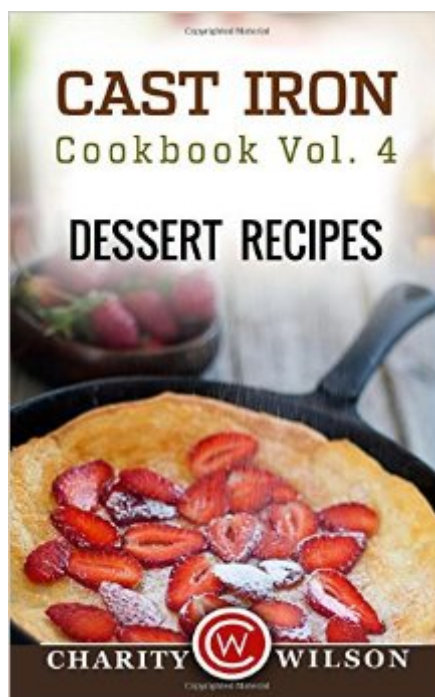


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# Cast Iron Cookbook: Vol.4 Dessert Recipes



## Synopsis

Cast Iron Cookbook Recipes Just For You

Cast iron skillet cooking is making a serious comeback finally. Cast iron has always been known to have even heating, great heat retention and is so versatile you can use it on a grill, toss it in the oven or even use it over an open flame. Yet very few people were using it. Some people claim to have been handed down cast iron cookware that is 150 years old. That is amazing. Maybe a bunch of grandmas got together and decided it was time to revive cast iron cooking from the slow death it was experiencing. Who knows and really who cares, you just want to eat great tasting food.

What's So Great About Cast Iron Cookware

For starters, there is the nostalgic feeling you get cooking with them if your family were avid users when you were a kid or those grandparents you only saw once in a while. The flavoring is just better in cast iron as it seems to release its own unique taste. It somehow captures the aromas of many delicious meals and melds it with whatever you are cooking.

Cleaning cast iron is not near as difficult as you have been led to believe. Just clean it while it is still warm instead of waiting until all the food is baked right on. You don't want to use soap on it and can just use hot water. Now if you love to cook and then soak your pans cast iron will not be your friend. You do not want to soak cast iron as it might rust and then you will really need to do some work. You do need to season your skillet after buying it which does take about an hour (instructions inside) but then you have a skillet that will last for years and years.

Cooking with cast iron is more convenient than traditional pans. You can start the recipe on top of the stove and then finish it off in the oven without changing anything. Just slide the skillet in. Or put the pan right in the oven to start and when it is done serve it right from the pan.

Who needs casserole dishes? You can essentially make any recipe you can imagine in a cast iron skillet.

Would You Like Even More Recipes? You should always have a variety of recipes at your fingertips which is why you will want to check out all the cookbooks in the series:

Cast Iron Cookbook Vol. 1 Breakfast Recipes  
Cast Iron Cookbook Vol. 2 Lunch Recipes  
Cast Iron Cookbook Vol. 3 Dinner Recipes

Purchase today and start enjoying your recipes right away. Scroll to the top of the page and select the buy button.

## Book Information

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## Customer Reviews

All these recipes appear to be easy to medium difficult to make. The ones I've tried are delicious. You probably have most, if not all ingredients in you pantry or refrigerator. I loved the hints to seasoning your pans. The ones I have are now handed down 3 generations and I seldom cook in anything else. I even have one for corn bread. Once you taste food that's been prepared in cast iron, nothing will ever be the same if you try to go back to steel or non stick pans.

This cookbook is chockful of wonderful recipes ranging from chocolate chip cookies to caramel pecan brownie~all baked in an iron skillet. The recipes are clear and easy to follow. The author tells you everything you need to know about cast iron cooking from seasoning your skillet to cleaning it and how to deal with tough foods that just don't want to come off. Cast iron cookware is practically indestructible so you can buy it once and use it for years. Great little cookbook.

From pina colada pie, to bacon and beer brownies, to chocolate bread pudding this book has the most interesting recipes you'll find. Best of all they are easy to make as long as you have a cast iron skillet.

As someone who loves to cook with cast iron, I appreciate the array of dessert recipes this cookbook offers. We do the majority of our dessert cooking in the fall and winter, so we are certainly looking forward to trying some of these goodies out!

Nice job Again. I recently downloaded a ketogenic book from Charity and was impressed, and was curious to try this new cookbook. Certainly was worth the try. Thanks Charity for another great cookbook.

The premise of making desserts right over one's stove sealed the sweet deal for me on this book. I'm less of a baker and more of a stove top user. So when I saw this cast iron cookbook for DESSERTS only, that totally rocked my world! Then I actually opened the book and realized that every recipe called for use of an oven. So I grimaced and flipped through the pages. Then I realized that I could make Chocolate Chip Cookies, Banana Upside Down Cake and more stuff IN A SKILLET! That was when I computed: 1. I won't need excess baking stuff, such as baking sheets, to make cookies. 2. I won't need a cake pan to make cake. 3. I won't need a pie pan to make quiche. In fact, all I needed was a SKILLET! So this book met my need for simplicity. What a SWEET deal!

With a well seasoned black pot and a couple of good recipes, you can fix just about anything. I love the bread and pie recipes because you just don't think of making those things in a black pot. We have a black pot club that meets once a month here, so I will test my skills with some of them one day.

I love great desserts and this book left nothing to chance! From the most simple all the way to the most gourmet desserts I found it all here. And I was very happy that it was all cooked in a cast iron skillet because it just gives desserts a different touch of flavor.

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